

IF YOU ARE CONCERNED WITH:

| | |
|----------------------|---------------------------------|
| Diabetes | Asthma |
| Heart Disease | Pain Disorders |
| Depression | Dental and Orthodontic problems |
| Anxiety | Attention Disorders |
| Migraines | Mood Disorders |
| Fatigue | Lyme Disease |
| Rheumatoid Arthritis | Bi-Polar Disorder |
| Rashes | |
| Neurodermatitis | |

FUNCTIONAL MEDICINE CAN OFFER YOU UNIQUE THERAPIES BASED UPON YOUR INDIVIDUAL NEEDS.



ABOUT DR. SHAIR, PHD

With over 30 years of experience in the field of healing, Dr. Alan Shair has assisted numerous patients with a wide range of ailments. Not only is he a Master Herbalist,

he specializes in the fields of Psychotherapy, Clinical Hypo-anesthesiology, Pain Management, Neural Therapy, General and Advanced Naturopathy, Homeopathy, Biofeedback/Bioresonance and more. His many certificates ensure he has the extensive knowledge of human physiology and disposition required to alleviate a patient's problem.

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WHAT IS FUNCTIONAL MEDICINE?

WHAT IS THE FIRST THING YOU DO WHEN YOU GET SICK?

Go to the doctor! Often times, this means a visit to a practitioner of Western Medicine. However, most people do not realize this type of treatment is more "specialist" than "generalist". Instead of taking the time to focus on the patient, the practitioner will zone in on a specific symptom, hand you a prescription, and send you on your way. While this may be great for acute illnesses, such as an infection, it does not always work on chronic diseases.

WHY SHOULD CHRONIC DISEASES BE TREATED DIFFERENTLY?

50 million Americans are subjected to chronic diseases with no relief in sight. Chronic conditions include rashes, migraines, asthma, dental and orthodontic problems, pain and neurologic disorders, regular injuries, hyper reactivity, internal organ dysfunction, rheumatic illnesses, neurodermitis, and chronic fatigue. Patients with these problems continue to suffer because an imbalance in their entire system will not be cured by a single medical prescription. When every individual is different, we should not be prescribing everyone with the same medication.

WHAT IS THE DIFFERENCE BETWEEN WESTERN AND FUNCTIONAL MEDICINE?

It's all about perspective. Western Medicine looks at the "what" of the disease. The "whats" are the symptoms, and "what" is the medication for those symptoms? Functional Medicine looks at the "why". "Why" does the patient keep getting sick? Functional Medicine Therapy is much like Traditional Chinese Medicine, it takes into account the individual's lifestyle, allergies, nutrition and diet, past infections, stress level, and the toxins they're exposed to. All of these can lead to a disturbed biological system, causing illness.

WHY CHOOSE FUNCTIONAL MEDICINE?

Our approach is holistic because we believe in more than just short-term solutions. Our goal is not to identify the illness, but rather to determine the therapy that will stabilize the body so that it may heal itself. The patient not only recovers from the illness, they create a long-term change that paves the way to a healthy future.



Dr. Alan Shair

**What Do You Do
When It's NOT
GETTING BETTER?**

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HOW DOES FUNCTIONAL MEDICINE WORK?

We look at biochemistry, genetics, health history, and lifestyle through the use of various biofeedback technology. This technology helps us identify the imbalances in your body. We then can provide a tailored blend of remedies in conjunction with healthy eating and western medicine.

Take a look at some of the tools and methods we can use to help you:

- Bioresonance Therapy
- Genetic Nutritional Testing
- Sleep Quality and Disorder Evaluation System
- Anti-Aging Therapy
- Neurotransmitter Testing
- Low Dose Cytokine Therapy
- Lyme Disease Therapy

BIORESONANCE THERAPY

Bioresonance Therapy Works in a similar way to Chinese acupuncture; the goal being to balance energy in the body. Chinese medicine seeks to balance a body's chi, or life energy. With Functional Medicine you get the best of what both medical philosophies have to offer: traditional wisdom fused with modern technology.

BIORESONANCE SCANNING

Based on scientific proof that the body is held together by light, Bioresonance Scanning "reads" light from the heart, searching for issues in your genetic makeup, or DNA. With this information, we can find the best therapy for you. Scans not only enables us to identify the problem, but the best path to alleviation. This is not a medical diagnosis device.

HOW CAN FUNCTIONAL MEDICINE HELP ME?

Functional Medicine is setting a new standard in healthcare because it looks at the big picture: you. Even standard medicine practitioners, such as allergists, dermatologists, ENTs, trauma surgeons, gynecologists dentists, and more have integrated holistic medication into their practices because they have seen its proven effectiveness.

What we know as "diseases" are really the manifestation of a breakdown in our biological systems.

An entire system cannot be healed by a single prescription. To mend a disconnection in an individual's delicately woven systems, their unique history and lifestyle must be taken into account.

HEALTH & WELLNESS IS OUR MISSION

We believe in building a partnership with our patients, encouraging and empowering them to take the reigns of their own health and make positive lifestyle changes.

FEEL THE DIFFERENCE IN AS LITTLE AS ONE MONTH!

We help put your system back into balance so you can return to a happy, healthy life.



Dr. Alan Shair